

EURO OPEN

European Indoor Rowing Championship



**CPH
GLADSAXE SPORTSARENA**

25.01.14

2014 european rowing

Indoor Rowing Championships

Copenhagen
Denmark

*Gladsaxe
Sportsarena*

WELCOME

Concept 2 Denmark, the Danish Rowing Federation (DFfR) and Bagsværd Rowing Club are delighted to invite you to the **11. Euro Open - European Indoor Rowing Championship** on the 25 January 2014 in Gladsaxe Sportsarena in the suburb of Copenhagen.

This year the event will also host the Open Nordic Championships as well as the Danish Championships which will guarantee one of the toughest indoor events in Europe this year. The Danish National Rowing Team including the current U19 Bronze medalists, the World Champions in the lightweight four and World Champion and world record holder Henrik Stephansen will participate.

The event will take place in the Gladsaxe Sportsarena, which has been the venue of the Danish number one indoor rowing event - the Danish Championships and Euro Slide Open for more than a decade. A number of Concepts2 world records have been made at this venue. Athletes will find superior conditions on brand new Concept2 rowing machines. The enthusiastic spectators and speakers will make it a boiling pot the athletes will never forget.

We look forward to welcome athletes, coaches and visitors from abroad and we will do our utmost to make the European Indoor Rowing Championships a big success.

Yours
Euro Open Organization



Race list - Euro Open, Nordic Open and Danish Championships 2014

Date: 25 January 2014, First Start 10:00 hrs

Start time may change depending on number of entries

Race no.	Race Description	Planned starttime	Distance	Euro Open	Nordic Open	Danish Championship
100	Masters Women 30+ (30-39 years)	10:15	2000m	X	X	
101	Masters Women 30+ LW (30-39 years)	10:15	2000m	X	X	
104	Masters Women 40+ (40-49 years)	10:15	2000m	X	X	
105	Masters Women 40+ LW (40-49 years)	10:15	2000m	X	X	
108	Masters Women 50+ (50-54 years)	10:00	2000m	X	X	
109	Masters Women 50+ LW (50-54 years)	10:00	2000m	X	X	
110	Masters Women 55+ (55-59 years)	10:00	2000m	X	X	
111	Masters Women 55+ LW (55-59 years)	10:00	2000m	X	X	
112	Masters Women 60+ (60-64 years)	10:00	2000m	X	X	
113	Masters Women 60+ LW (60-64 years)	10:00	2000m	X	X	
114	Masters Women 65+ (65-69 years)	10:00	2000m	X	X	
115	Masters Women 65+ LW (65-69 years)	10:00	2000m	X	X	
116	Masters Women 70+ (70-79 years)	10:00	2000m	X	X	
117	Masters Women 70+ LW (70-79 years)	10:00	2000m	X	X	
120	Masters Women 80+ (80-89 years)	10:00	2000m	X	X	
121	Masters Women 80+ LW (80-89 years)	10:00	2000m	X	X	
150	Masters Men 30+ (30-39 years)	10:35	2000m	X	X	
151	Masters Men 30+ LW (30-39 years)	10:35	2000m	X	X	
154	Masters Men 40+ (40-49 years)	10:50	2000m	X	X	
155	Masters Men 40+ LW (40-49 years)	10:50	2000m	X	X	
158	Masters Men 50+ (50-54 years)	11:10	2000m	X	X	
159	Masters Men 50+ LW (50-54 years)	11:10	2000m	X	X	
160	Masters Men 55+ (55-59 years)	11:10	2000m	X	X	
161	Masters Men 55+ LW (55-59 years)	11:10	2000m	X	X	
162	Masters Men 60+ (60-64 years)	11:20	2000m	X	X	
163	Masters Men 60+ LW (60-64 years)	11:20	2000m	X	X	
164	Masters Men 65+ (65-69 years)	11:20	2000m	X	X	
165	Masters Men 65+ LW (65-69 years)	11:20	2000m	X	X	
166	Masters Men 70+ (70-79 years)	11:30	2000m	X	X	
167	Masters Men 70+ LW (70-79 years)	11:30	2000m	X	X	
170	Masters Men 80+ (80-89 years)	11:30	2000m	X	X	
171	Masters Men 80+ LW (80-89 years)	11:30	2000m	X	X	
206	Junior Women E (04+)	11:40	2min	X	X	
208	Junior Men E (04+)	11:40	2min	X	X	
210	Junior Women DII (03)	11:40	2min	X	X	
212	Junior Men DII (03)	11:40	2min	X	X	
214	Junior Women D (02)	11:50	2min	X	X	
216	Junior Men D (02)	11:53	2min	X	X	

11. Euro Open – European Championships in Indoor-Rowing
 Nordic Open - Nordic Championships of NRF in Indoor-Rowing
 Danish Championships - Danish Championships of DFFR in Indoor-Rowing
 January 25, 2014 – Gladsaxe Sports Arena, Gladsaxe-Copenhagen-DENMARK

218	Junior Women CII (01)	11:55	3min	X	X	
220	Junior Men CII (01)	12:05	3min	X	X	
222	Junior Women C (00)	12:15	4min	X	X	
224	Junior Men C (00)	12:25	4min	X	X	
226	Junior Women BII (99)	12:40	2000m	X	X	
227	Junior Women BII LW (99)	12:40	2000m	X	X	
228	Junior Men BII (99)	12:52	2000m	X	X	
229	Junior Men BII LW (99)	13:52	2000m	X	X	
230	Junior Women B (98)	13:04	2000m	X	X	
231	Junior Women B LW (98)	13:04	2000m	X	X	
232	Junior Men B (98)	13:16	2000m	X	X	
233	Junior Men B LW (98)	13:16	2000m	X	X	
234	Junior Women All (97)	13:28	2000m	X	X	
235	Junior Women All LW (97)	13:28	2000m	X	X	
236	Junior Men All (97)	13:40	2000m	X	X	
237	Junior Men All LW (97)	13:40	2000m	X	X	
238	Junior Women A (96)	13:52	2000m	X	X	
239	Junior Women A LW (96)	13:52	2000m	X	X	
240	Junior Men A (96)	14:04	2000m	X	X	
241	Junior Men A LW (96)	13:04	2000m	X	X	
301	Adaptive Women	14:20	1000m	X	X	
302	Adaptive Men	14:20	1000m	X	X	
401	U-23 Women LW (19-22)	14:35	2000m	X	X	
402	U-23 Women (19-22)	14:35	2000m	X	X	
403	U-23 Men LW (19-22)	14:47	2000m	X	X	
404	U-23 Men (19-22)	15:07	2000m	X	X	
405	Women Open LW	15:20	2000m	X	X	X
406	Women Open	15:35	2000m	X	X	X
407	Men Open LW	15:45	2000m	X	X	X
408	Men Open	16:05	2000m	X	X	X
501	Fitness/Company relay 4x500m	16:30	2000m	X	X	
502	School relay 4x500m	16:30	2000m	X	X	
601	Junior E/D SPRINT Women	16:50	100m	X	X	
602	Junior E/D SPRINT Men	16:52	100m	X	X	
603	Junior C SPRINT Women	16:54	200m	X	X	
604	Junior C SPRINT Men	16:58	200m	X	X	
605	Junior B SPRINT Women	17:02	200m	X	X	
606	Junior B SPRINT Men	17:06	200m	X	X	
607	Junior A SPRINT Women	17:12	200m	X	X	
608	Junior A SPRINT Men	17:16	200m	X	X	
609	Senior Open SPRINT Women	17:20	200m	X	X	
610	Senior Open SPRINT Men	17:24	200m	X	X	
701	Club relay, Junior B,C,D,E 4x500m	17:35	2000m	X	X	
702	Club relay, junior A, Senior, Master 4x1000m	17:50	4000m	X	X	

Venue

Gladsaxe Sportshal
Vandtårnsvej 55
DK – 2860 Søborg
DENMARK

Entry information

Wednesday, Jan. 15, 2014, 12.00 a.m. (local time, CET)

Please use the official entry provided on our website www.euroopen2014.com.

Entry fee per person

Race type	Race	Approx in Euro	DKK
Single entry Juniors	200-224	11	85
Open entry	400-499	25	190
Crew competition (relay)	500-599, 700-799	68	500
Sprint (200m)	600-699	8	60
All other single entries	100-199, 226-399	22	165

Seat fee of 5 DKK ~ 0.7€ will be added. All fees are non-refundable.

Bank details

Please pay with credit cards directly when making the entries. All major cards are accepted.

You may use a direct bank transfer if no cards are available – make sure to include identification on bank transfer. Bank details:

Nordea
Bagsvaerd Branch
Reg.no: 2261
Konto: 8410020077
IBAN: DK3320008410020077 – SWIFT-BIC NDEADKKK

Race distances

100 m: races: 601-602
200 m: races: 603-699
1.000 m: races: 218-225, 301,399
2.000 m: races: 101-199, 226-299, 401-499
4x500 m: Relay races: 500-599, 701
4x1000m: Relay race: 702

2 minutes races: 206-217, Jun E, D (12 years and below)

3 minutes races: 218-221, Jun CII (13 years)

4 minutes races: 222-225, Jun C (14 years)

Qualification

If there are more than 22 entries in one race, two or more finals will be made based on qualifying times

The fastest time decides the winner regardless of the final.

Please provide qualifying time for races: 401 to 408 and 610.

The OC reserves the right to seed the entries.



Late entries

Late entries are accepted up to 2 hours before the race start but only to complete races, no additional heats will be made. In race 405 to 408 late Danish entries will not participate in the Danish championships. Late entries pay increased fee.

Information on age groups

Category based on age at 31.12.2014.

Lightweight (LW)

Weigh-in: Must be done between 1 and 2 hours before the start of the first scheduled start of the rower on the competition day.

Weight limits:

- Junior B woman 15/16 J. 57,5 kg
- Junior B men 15/16 J. 67,5 kg
- Junior A woman 17/18 J. 60,0 kg
- Junior A men 17/18 J. 70,0 kg
- Women / Master 61,5 kg
- Men / Master 75,0 kg

In the crew competition of the Euro-Open the individual weight limits will apply.

Additional information for races

Depending on the number of entries races may be combined. Final start list will be provided 8 days prior to the event.

Euro-Open relay competition (races 201 – 204)

Each team will row on one single ergometer, the changeovers must be done on the fly and within a 100m section after each quarter of the distance. The final result includes the three changeovers. All teams must be weighed in at least one hour prior to start of the race. Teams will get a handicap based on gender, age and weight.

Race distance: 4x500m or 4x1000m.

Medal ceremony

Will be held after the finish of the following race.

Rewards: The winners, as well as rowers placed second (if more than 3 entries) and third (if more than 6) entries) will receive a medal.

Additional: In race 405-408 participants following Danish race regulations ("Ergometerreglementet") will be Danish champion.

Additional information

Opening hours of the venue:

Friday, Jan. 24, 2013 5:00 p.m. – 8:00 p.m. – official practice time

Saturday, Jan 25, 2013 7:30 a.m. – 17:30 p.m. – practice possible

Doping control: The National Anti-Doping Rules as well as the World Anti-Doping Code will apply. FISA will conduct doping tests during the event.

Important Medical Recommendation:

Indoor rowing racing requires maximal effort and the organisers take no responsibility for illness or injury caused as a consequence. If you have any doubts you should seek medical advice before racing.
Paramedical team will be present at venue on competition day.

Accommodation:

You can find more information on: www.euroopen2014.com.

Contact details

Dansk Forening for Rosport
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DENMARK
Tel +45 4444 0633

Mail address: info@fitforrowing.dk

Web: www.euroopen2014.com

Organizing Committee (OC)

Bagsværd Roklub:	Morten Frank , Mikael Espersen
DFFR:	Michael Bundgaard
Concept2:	Reiner Modest, Bruce Bearman, Alex Dunne

